

## Colne Library, Market Street, Colne, BB8 0AP

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

- Maya Angelou

Every 1st & 3rd Thursday of
the month
1:30 - 3pm
UPCOMING DATES:
3<sup>rd</sup> & 17th July 2025
7<sup>th</sup> & 21st August 2025
4<sup>th</sup> & 18th September 2025
2<sup>nd</sup> & 16<sup>th</sup> October 2025

6<sup>th</sup> & 20th November 2025 4th &18<sup>th</sup> December

Butterflies Memory Cafe is a group for people who are experiencing difficulties with their memory Individuals can come along with a family member or friend to enjoy reminiscence discussions, quizzes and other creative activities in a relaxed and friendly environment

For more info: Contact james.smith103@nhs.net