

## Memory Cafe



A relaxed informal drop-in providing support for people with memory difficulties and their carers.



We provide companionship, activities (including seated exercises) and the opportunity to chat in a relaxed atmosphere.

Brierfield Library Colne Road Brierfield BB9 5HW

## Fortnightly 1pm – 2:30pm Monday's

Upcoming Dates 2025

7<sup>th</sup> & 21<sup>st</sup> July

4<sup>th</sup> & 18<sup>th</sup> August

1<sup>st</sup>, 15<sup>th</sup> & 29<sup>th</sup> September

13<sup>th</sup> & 27<sup>th</sup> October

10<sup>th</sup> & 24<sup>th</sup> November

8<sup>th</sup> & 22<sup>nd</sup> December

For more information: - Contact Sarah on 01282 804998







